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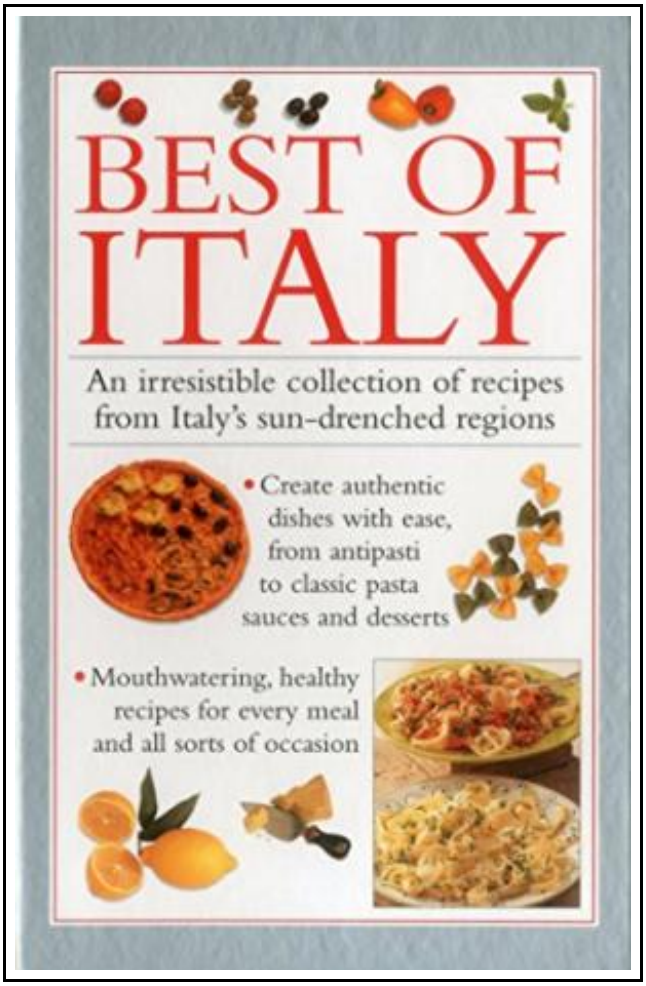

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Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Best of Italy, Valerie Ferguson, This is an irresistible collection of recipes from Italy's sundrenched regions. You can: enjoy the fabulous taste of regional Italian cooking, with this delicious selection of over 30 of Italy's most celebrated recipes; bring Italian cuisine into your home with classic dishes such as Pasta with Pesto, Calf's Liver with Balsamic Vinegar, Meatballs with Fontina, Three-Cheese Lasagne, Spaghetti with Bolognese Meat Sauce, and Tomato and Anchovy Pizza; and make the most of Italian ingredients in starters, pizza and pasta, fish, poultry, meat and vegetarian dishes, as well as salads and desserts. It includes step-by-step instructions on making pizza and pasta doughs, and advice on stocking your Italian larder. Italy is a country of great diversity. From the cool Alpine foothills to the hot, dry south, the climate and local crops vary: rice, maize and ham are northern staples, while olives, durum wheat and tomatoes thrive in the southern heat. Traditional foods are still central to the cultural identity of each region, with recipes passing down from generation to generation.The recipes in this book reflect that heritage with classic starters such as Minestrone and Roasted Pepper Antipasto, filling Four Seasons Pizza, succulent Roast Chicken with Fennel, fragrant Risotto with Asparagus, and refreshing Lemon Granita. If you like Italian food, you will love this book.

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