



menopausal health wisdom

By BEN SHE.YI MING

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Publisher: Guangxi Science and Technology Press Pub. Date: 2008 -03-01. students to go through a number of physiological stage and their life in menopause is a very important turning point. Understanding of women, especially menopausal women prone to physical characteristics and menopause problems and common diseases. menopausal women can help themselves correctly understand and treat this period of discomfort. This book not only in Chinese and Western medicine on the basis of prevention and treatment of menopausal syndrome. menopause for women s physiological and psychological characteristics. made concrete and feasible measures of psychological adjustment. citing the appropriate therapeutic side of menopausal women and targeted therapy drugs. also introduced a number of specific methods of health care and nursed back to health. sexual life for menopause prone to bias. but also gives the correct measures. Contents: Chapter 1 to know our beautiful body of division 1 women s menstrual cycles composed of 4 2 female genital physiological function of ovarian estrogen and progesterone 6 7 8 ovarian reproductive endocrine axis of the cyclical changes in production and features 10 period...



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